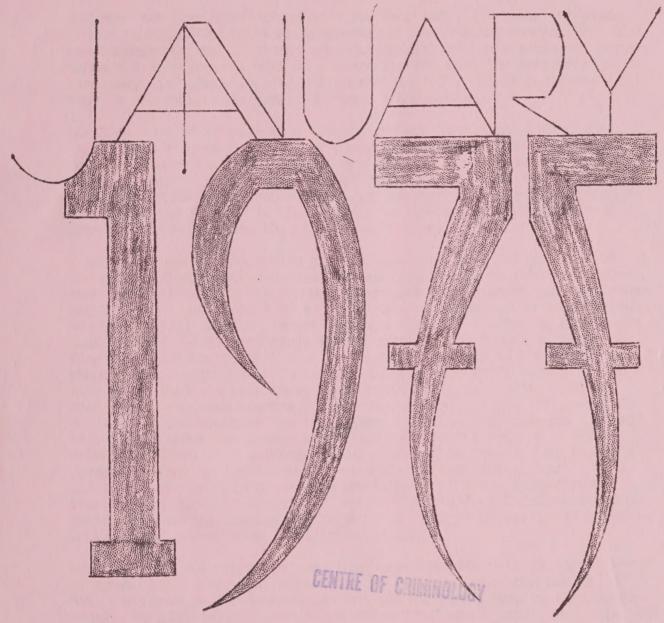
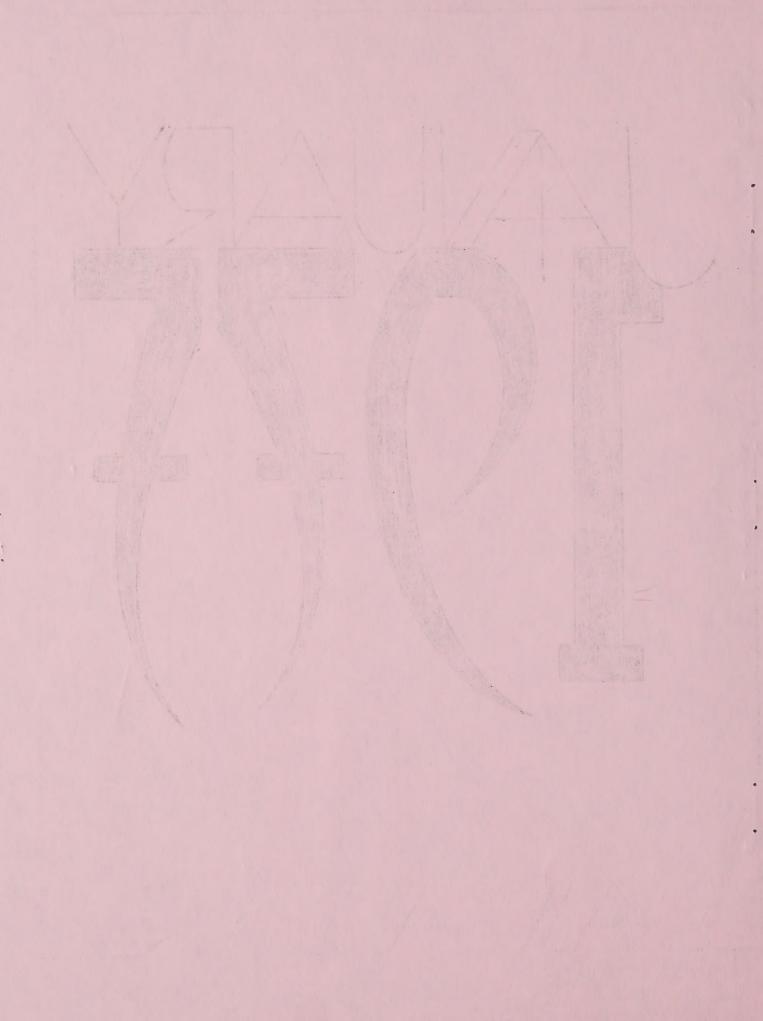
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### EDITORIAL CONVENT:

How many new year resolutions have you made for 1977? I was wondering if the Canadian Penitentiary (Corrections) were making resolutions with the express purpose of giving some credibility to their title of corrections? I know several persons who are wishing that the present situation they find themselves in will change in 1997, but like all wishes, they do not often come true! However, keep wishing.

But, how many of us will make resolutions and keep them? I find that it requires a great deal of self discipline to keep with it for very long. At anymate I too have made some new year resolutions for 1977. The ones which I will openly discuss are the ones which I hope will make the AVATAR an enjoyable paper for its readers, as well as informative. Any others would be that the joy of the Holiday Season extends into your life for more than the usual few days at Christmas.

I as the editor of the AVATAR pledge to attempt to bring material to the eyes of the reader that will excite them, as as to attempt to present material that borders upon some controversial, and often embarrassing issues. I would not like to be labelled as someone who merely witches, but I would like to present material that is 'touchy' in such a way that it is at least acceptable to the censor, even though a little too flammable. I like to think that we have some freedom of the press, although, I am beginning to wonder who is censoring us??? People do not like to be insulted when thery read, so we attempt to write material that subtly suggests reasons for change, and that allows the reader to put two and two together for themselves. Often we hear persons who know very little about the inmate reader criticising the reading and comprehension level of the inmate readers. We at the AVATAR feel insolted because we feel as immates that even if we do not have university educaions, we are capable of reading and writing at a far higher level than society gives us credit for. We at the AVATAR will follow our resolution to keep the quality of the written material as easily as possible to read, and yet of some intellectual quality.

Over the past few months we have been experimenting with different forms of types, with a view of graphically making the paper look better. We have purchased an IRM typewriter, and use different type to illustrate poetry, or articles. We have asked for one colour of paper, and this will probably come effective in an issue or two. All in all, we are working hard to being some form of entertaiment, and information to the readers. This is our constant resolution, and it is our New Year's as well.

For all readers of the AVATAR, and even those who do not (you fools), we wish you a better year in 1977 than you might have had in 1976.

John David Prince

### January 1977

### editor

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Letters from our Readers

cover design by Cliff Strong & J. D. Prince.

editor:

I am writing this letter in regard to your publication Avatar, on behalf of the Friends and Relatives Group of St. Catherines, and Miagra Falls. We really enjoy reading you publication:

Our group consists of wives and loved ones of men and women in prison. We meet every month, on the first Monday. These meetings, alternate between St. Catherines and Miagra Falls. We are certain that there are men and women in your area that have families and others in this area, and we would be very happy to meet with them. We would appreciate receiving the Avatar.

Yours sincerely,

Cathy Allen 20 Queen St. St. Catherines.

Editor:

Best Hishes to you j. d. Here is my money for a subscription renewal to the Avatar.

Toni,
Pallas Films
Toronto.

Editor:

Once I got my Avatar paper home, and started reading it, I couldn't put it down 'til I was done. This is a quality magazine! That's what the public needs to hear for those who care to listen. It made me want to do something to get things changed; seeing as how I'm out here and "free", more than you and the other prisoners. I want to do more than read Avatars.

But I'll do both since change won't come so fast, and I won't be blind if I keep up to date on the points discussed in the Avatar. So I've enclosed \$4.00 for my subscription to Avatar.

I liked the article, Transitional Community, or Go Mest Young Man. I wrote the Solicitor General and I would like to have my letter published to encourage other men as well as women, to write him and urge him to help us.

Dear Solicitor General:

I would like you to do every thing you can to get a transition al community started. This is where a convict is removed from the environment where he has committed his crime and made to spend time constructively with actual training in normal day to day living in a normal environment. People from the 'outside' can stay there and prisoners can stay, or leave at the end of their sentence.

I read about this in the Avatar paper, published by the inmates of Collins Bay Penitentiary. If you haven"t read this you should subscribe. I recommend it for an opportunity to get close to some people where otherwise you would not.

Please write me soon with your plans on this subject. Thank you sir.

Yours sincerely, (Mrs.) Mavis Watson Wife of Richard K. Watson/

Mell, there you have it folks, I love you all, each and everyone of you. God Bless you.

Mavis.

### Editor:

I am writing you this letter to solicit your support for an exchange of journal with your office through the editor. This will be to exchange ideas, and so on.

I think that a communication system would be beneficial. It might help illuminate our situation to our readers. This exchange will be done with all Canadian prisons and foreign ones that are willing to do so.

I hope that you will join us.

Yours truly,

a fellow inmate
Archambault Prisons
Quebec.

### Editor:

Congratulations on your appointment as editor of the Avatar. I'm sure that you'll carry on from where George Watson, the former one, left off, and continue to keep the true situations that arise in the Collins Bay Institution as well as in the other pens.

I want to take this opportunity to express my appreciation and gratitude for you, and the staff at the Avatar, as well as your contributing writers. You guys and gals continue to open my eyes to the true nature of the inmates situation, and conditions[the inmates are good, and the conditions are poor]. Keep up the good work - its not going unnoticed.

Please enter my subscription again this year. You'll find my payment enclosed. I also have written some thing. Please publish it if you like it. Thank you for a good paper.

Yours truly,

Micheal Morrissette.

### Editor:

First let me congratulate you and the editorial staff on a very fine Fall edition of Avatar.

I am the coordinator of the John Howard Society of Ottawa, [womens group]. The group and I are very interested in reading any literature we receive from your institution.

Our group was formed for any woman who has a member of the family or loved one in an institution. We have weekly meetings every Tuesday evening and trips to Kingston every second week. I was hoping that you might advertise our group in your Avatar.

Transportation is arranged to and from some prisons in Ontario. For further information contact...

Terry O'Brian 319 Lisgar St. Ottawa, K2P OE1 Tel. 236-9793

#### Editor:

A BUS SERVICE leaving Toronto 5 days per week carrying visitors to the Kingston region penitentiaries is supplied by Operation Springhoard, Toronto. We would like to purchase a full page for advertisement in your paper. Is this possible?

Yours truly,
Doug MacLaurin
DirectorO/S
315 Dundas St. E.

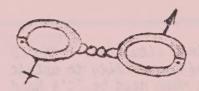
### INVISIBLE PRISONER

### by Maureen Hamagishi

At night I hear his voice softly beckoning me. It fades, it goes ever so swiftly and quietly into the still of darkened eve. I close my tired eyes and as I drift into silent slumber my arms enwrap only a memory of him beside me. I feel his presence and know he is always with me in spirit. But when I wake, the shock of stone-cold truth is hard to accept. To face reality; that he is not really there.

My man is a victim of controversy who got caught in a war of moral principles. The penalty he pays is imprisonment. In a sense I feel incarcerated too. Time is irrelevant unless you are actually doing it. Then it becomes the highlight of your life; an enslaving factor which controls and centralizes everything you do. One is so acutely aware of that fact and feels all the more lost and disheartened.

Emotional experiences of fright and bewildering isolation was evident on finding myself engulfed in a society within society. Due to lack of exposure to that circle of life, I discovered myslef distinctly alienated and very alone. In confronting the different aspects of prison involvement, I've had to face many hard facts. and have learnt to cope both mentally and physically with situations that two years previous I would never had so much as contemplated. The entire phase of prison activity is set up in such a way that you inevitably fell loss of identity, of social and moral significance and most important, of being human. You lack a sense of belonging, of being able to fully express your real self. Li-



fe and meaning becomes fractured: reflections from a flawed telescope...

Once I was free to be, me. swallowed; confined Unspoken prison Lost identity My human dignity Liberty.

A major complication of emotional upheaval is during visiting. You find yourself sitting in a waiting room: a stereotyped design with tables and chairs arranged in a conventional manner. A bland. and dismal chamber suggesting convenience rather than warm or cheerful surroundings. You sit, along with other women, feeling obsolete; feeling meaningless. One always feels on display; the lack of privacy and freedom of a rat confined in a glass cage- the scientist watching your every move. Always under pressure and feeling great frustration in knowing everything I do and say is being recorded in some way. feel humilitated and ridiculed when you realize that in truth you are being chaperoned. The situation is not considered that of the so-called norm, and my only consolation is in being with him for that short while.

I am his connecting factor of which enables him to keep in touch with what is envolving outside prison walls. But I float in a bubble which invariably links the two worlds, and at times /I find difficulty in switching on and off to suit each environment. One expects a person to become more readily depressed and pessimistic

in a confined situation. I try to the best of my ability to uplift his morale when need be. It's hard because at times you feel the load of pulling both weights. To give company, share thoughts and exchange affection is fullfilling yet I want to give so much more of myself and cannot. The result is morally deflating and you cannot help feeling abused and defeated. Tension and restlessness build up to intense heights with very little channel for release. I find it very difficult to maintain my equilibrium.

When visits are over I feel it as a rude intrusion of my rights. You'd think, rather than being merely functional the structure could be flexed somewhat to cater more to human needs than just to the institution. Upon saying good-bye, my emotions reach a high point and the impact felt is such one would experience after saying farewell to her loved one who's off to sail the high seas.

High peaked waves sweeping my lover away Alas, shall see no more. Left alone on the Quay. A tear stained handkerchief flags farewell. A shadow drops her veil over a broken heart. Till the day he returns, feelings fragile; forlorn.

The comparison seems exaggerated, but due to the circumstances one does tend to be eclipsed by dramatic reactions. The end results leave me feeling totally drained

of energy.

The entire scope of which I des-.... cribed is repititious, continuing until the day he is set free. The maddening cycle of administrative red tape and bureaucratic idiosyn cracies. I search to find patience and stamina to withstand the constant testing and erosion of my emotional stability. I have learnt to subdue many normal impulses, contain natural desires for human contact and find other means of expression in relation to encounters that occur in a man woman relationship. I have also learnt the appreciation of little things in life. A walk in the park for instance, no longer seems insignificant. In its simplicity it becomes meaningful because it's something we're no longer able to do. The aspect of privacy, to be alone with the one I love, if only for a moment, would be a lift from heaven. To be free to come and go as we pleased; to do all those things others think unimportant. That which people take for granted now is made salient in a newly perceived light...

Nights and days
becoming anonymous
merging in deadened transit.

A part of we
will always be
m is sing.
Behind walls; behind bars
Silent anticipation Waiting.
Ssomeday comes
Today
We will say
I'm free.

CHARLES W. GORDON once said....A man to see far must climb to some height.

### "A NEW ORDER OF THE AGES"

(being a perspective on the immanent death of Gilmore)



A "Desiderata" of considerable renown admonishes of the
"peace which is to be found
in silence" and in "going placidly amidst the noisy confusion." Novus Organon, however, decrees that it is a crime against the spirit of man
to remain silent and placid
when confusion in the world
has reached such proportion
as to require our urgent and
energetic attention.

It is a moot point that issues which revolve around TIME have at some time perplexed all of us, for whenever we attempt to deal with time with anything approaching to certitude we are confronted with many a conundrum.

One such puzzle involves the use of the terms "septum", "octo" and "novem", which in the Latin mean seventh, eighth and ninth respectively. September, October and November meaning seventh, eighth and ninth are terms therefore, which designate the ninth, tenth and eleventh months. That's not confusing isn't it?

It has been remarked, "Wahrheit ist komplementar zu Klarheit", - truth can only be obtained at the expense of precision. All our twaddling abascus manipulations in the stringent effort to determine precisely "what time it is" have availed us only in amounting to rude approximation. The truth concerning "the time" lies outside of the tight little precisions in which we traditionally attempt to deal with "time". TICK...

No matter: The seasons wax & wano; the weary-world-machine our planet, groans and wobbles its way 'round the Universe, and supposing it to have a direction, headed for Godonly-knows-where, dragging with it an unhappy baggage, called humanity.

Now, as in every other epoch, there are those of this baggage who fare far worse than others, and now, as in every other aeon, they are to be found languishing in prison.

Time flies! The solstices, arrive and are gone; the precession of the eqinoxes does so as it has for millennia, and despite rapidly manifolding sociological perspectives things down here at the bottom of the barrell strangle & stultify in soul-destroying sameness-ness.

But, as social scientists and historians never tire of printing out, the reoccurring nemesis of societies lies in that, in every socio-economic system there is at first a balance between knowledge and social organization, but gradually a disequilibrium or lag develops between available knowledge and existent social institutions. Our knowledge of the physical world, our scientific knowledge grows faster than our social wisdom. Could it be time for a change?

This will no doubt sound revolutionary upon some ears, but, "The art of wilful opposition and of revolution is the shaking of established

customs, exploring them to their source in order to bring to light their want of authority and justice." (Pensees:Pascal)

In exploring one such habitual. & customary view of time we trace its beginning to Newton, who considered that, "Absolute true and mathematical time of itself & from its own nature flows equably without relation to anything external." For two 3 a half centuries this nonsense held sway, but the Novus Organon decrees clockwork Newtonian time defunct, dead of a broken mainspring!...TOCK...

Time is no false eternity running on for 10 to the nth power years "without relation to anything external." is infinitely amorphous and pliable, - a direct and malleable reciprocal of our understanding of it. It is a form of consciousness - tertium quid in this matter being our assurance that the "Sabbath was made for man, not man for the Sabbath." The term Sabbath like Septem or Novem is merely a name for an increment in time, a portion of conciousness & time was made to serve man, not he it!

Whereas some readers might have had revolutionary illusions about this article, others may now claim tergiversation, but when we go to tap for drink it is common to run tap a few moments to ensure for clear. We have not done otherwise in arriving by necessarily circuital processes at the third discriminant of the formula TIME:CHANGE: COMCS IOUSNESS, which forms the speculum of our thought. TICK.

The motions of our solar system, the revolutions by which we reckon time occur according with unalterable laws. These laws are the "reason" of the system, but neither sun nor the planets have con scieusness of these laws. It remains the sole precinct of man to distill from nature these laws and to know them.

This thought that reason is in nature is not new, nor does it surprise us for we are accustomed to it and take it for granted. It is mentioned partly in order to indicate that such thoughts have not always been in the world; that history shows that such thought once marked the beginning of an epoch in the development of the human spirit.

At the beginning of one such era, a man named Socrates undertook to teach men that the moral man was not he who merely willed and did what was right, not the naive man, but he who has the consciousness of what he is doing. TOCK...

Socrates, by placing the determination of men's actions with insight and deliberation posited the individual as capable of a fine moral decision, even one opposed to his country and its more. Athenian mores ruled the lives of Athenian citizenry, but Socrates said he had a demon or voice that told him what to do or say. The rise of this voice was the rise of subjective consciousness, and was the rupture of the existing reality. Once again the rift between knowledge and extant social institutions gaped wide.

Fistory is born from an abruht disequilibrium which fissures society at all levels. Muman history is not just a dead past but its totalization by us in the present as part of our orientation of ourselves toward the future. It is the choice of what we remember, the totalizing conservation of the past in the present, as the filter or speculum through which anything of the past reaches man of the present and man of the future.

The word "history" implies the connotation His-Story quite correctly, for it is the chronicled record, the living memory or the consciousness of the changes which take place in time.

If we contemplate two individuals entirely separated from each other, ed. a very wise philosopher and a convicted killer, unknown to each other, on either side of a wall (say time) each observed simultaneously in the mirror of history, we can comprehend each of them up to a point on the basis of complicity, so to say, in the enterprise of each. Each is the center of another arrangement of the Universe. Each is an expression of some truth that cannot he denied. The observer can realize the permanent possibility of their relationship. le can see through what they do, what are the unifications that characterize their fields. They can be, and necessarily are, unified in a totalizateon which is not theirs.

In this manner we can compare

another age with our "present."
Very often when we do so, we are appaled that thousands of years have "gone by" while "the times have changed not at all. Men continue to go to their deaths trying to tell us something and we listen not at all. In this we could do worse than to echo the words of Cowley...

Mothing is there to come and nothing past,
But an eternal Now does ever last

Three thousand years have lapsed since the highly "civilized" % infamous Athenian state out Socrates to death for uttering the necessarily emerging principle of subjective consciousness. TICK....

Now: it is not possible to equate the good and wise Socrates with Gary Gil more, though according with the Socratic view, Gilmore is now a moral man by virtue of his conciousness of what he is doing. Upon circumspection of both Socrates and Gilmore on the basis of aforementioned complicity, the enterprise of each, we find that whereas Socrates was condemned to death by the state for giving voice to the validity and sovereignity of subjective consciousness, Gary Gilmore demands that the state execute him for an application of the same principle!

The changes which occur in nature are cyclical and only in the arena of the human spirit can the novel occur. We are faced always with the same reoccurring nemesis menti-

oned earlier which consists in knowledge outstripping the existing social institutions, and eternally similar sets of problems.

The chasm between knowledge & the existing social institutions again yawns wide, in this instance the social institution being prison and Gary Gilmore's superb knowledge of the shitty side of life. And though he has been locked down for fifteen of his thirty-six summers, society will not acknowledge that he, a "con", knows something that they don't.

Contrary to typical stumble-minded public opinion, however, Gilmore does not want to die. Given the choice (some choice) between "live", a goulish, parasitic living death in one of society's outmoded-antiquated-stinking-shit house-prisons and bona fide death, Gilmore's subjective consciousness denounces the time too long and opts for the bosom of the infinite.

What Gilmore is trying to tell you with the shattered shards and remnants of his ruined life is that you can't rehabilitate a man for twenty five years! But you can kill a man slowly-agonizingly-mercilessly for twenty-five years; bury him alive in a nightmare equal to anything in the saga of "The House of Usher."

Time, being a form of consciousness, it will be found necessary when attempting to alter "the times" to change our consciousness. Men like Gilmore, killers, are with us always. Clearly a society of

such men is not possible, a percentage of such men is clearly useful, in war for instance. If there is a curve of aggressivity someone must be at the extremes. It remains the abiding problem of societies that do not shirk responsibility to assimilate such men by means other than war, perpetual imprisonment or extinction.

And if the "highly civilized" American state kills Gilmore, what then? Nothing, that's what! TIME MILL STAND STATIC! It will be a replay of the same old sick horror story. His execution will take place in the New Year. What New Year? It goes on and on and on segno ad infinitum...

This article was written on Christmas Eve, the ostensibly commemorative date of a New Age that came into being 1976 years ago. HA!

This poor writers bolt is just about shot and I suspicion that none has understood ableeding word I've said. But more better writers in more worthy and voluminous exegetics have attempted to inaugurate a "Novus ordo seclorum", with what results is a matter of historical record.

O good citizens, "The true test of a civilization is not the census, nor the size of the cities, nor the crops -no but the kind of man the country turns out." (Emerson) The North American civilization has produced Gary Gilmore!

Because of him, you at least now know what time it is. It is ten minutes to a time premonished in The Book of Last Things, "Revelations" chap. 9 vs. 6, "And in those times men en shall seek death and death will not come; and men shall desire death and it shall flee from them."

TOKTOKTOK.....
You"re not a nice man, Gilmore, but you're a man for all
that!

Clifford Strong

#976

<del>\*</del>

FRIENDS or FOES

Say yes
all the
time
Let you do things
their way,

Smile
with you
at you
Pat your
back
Say nice things
to your
face;

Then CAGE you up!

by Dan Hodgson #7966 Millhaven Pen Not being the prolific reader I once was, I am now able to retain in my pea-sized brain a certain amount of information that I am now able to recall during certain conversations, or when I overhear inmates talking about an interesting topic I've read something about. Which brings me to the beginning of this article.

entre to the first profit

Cliff, our associate editor showed me an article form the Mensa Journal(a member must have an I.Q. over 140) which directed its attention to the topic of the peculiarities of the English language. Along with this article, I happened to be thinking of Erving Goff mans book, Asylums. In this book Goffman discusses the in stitutionalization of the inmates. He notes that the inmate can hardly be separated from the staff if you overheard them in a conversation. Implied is that where there is an efficient job done on institutionalizing an inmate, you will note the similarity in their choice of words Studies of in discussions. deviance have indicated that staff soon pick up the jargon used by inmates, and that the inmates soon pick up the jargon used by their Reepers! So, while walking around the vard during our exercise period. I could not help but hear two inmates discussing the topic of photography. As we passed them, I could hear the one fellow saying to the other; " ...adjusting the shutter speed to accomodate the re quired amount of light for arceptable pictures. "This situation triggered in me the

thought over the general picture society must have concer ning the overall intelligence and literate skills of the in mates. Not to blame society for the mis-representation of the inmates literacy, but nevertheless, Hollywood has apt ly stereotyped the inmate for movie films, and it has helped perpetuate the mystique of the convict. The system itse-If has not helped. There is an interesting correlation be tween the emmercence of the ... verbosity of the inmates, and of the prison staff. Whether this correlation is significant is for social scientists to discover, but I believe it is safe to say that as the qu ality of the prison staff improved so did the regulations surrounding the silent system and reading materials change. That as the requirements for higher educations, and degree holders were sought after, so too were the rules of allowing courses, books, magazines and any form of communiques. Self help groups were encouraged, and communication between agencies were allowed. Lets take a historical look back.

Several years ago the Quakers initiated the idea of servitude in a place where the inmates could make penance for their sins (all crime was seen as a sin). These inmates were met, blindfolded, and led to their cells by a guard, who was known as a "moral agent". The inmates were kept in the cells apart from any other in mate and were only allowed to talk with the moral agent. The only reading material they were allowed was the Holy Bi-

ble. A typical conversation after a period of time imprisoned in these hell holes might sound like this;

" Surely he has borne our griefs and carried our

sorrows."

" Ah, my saddened criminal you who are bruised for your eniquities, he shall seek out his chasti sement and make you whole."

"Do you really think he will offer his broken body as a sacrifice for

me?"

"But of course you heathen.He was oppressed and afflicted, yet he opened his mouth and claimed he was our Saviour. He will be yours as well."

" When do you think He s-

hall redeem me?"

"You despotic spirit have you no shame!? Get back to your reading of the Holy Bible and repent for your deeds."

The silent system extended well into the early Mineteen Fundreds. The inmates were dressed in black and white pin stripped uniforms, and would parade with their left arm ex tended and their left hand on the shoulder of the man in front of him(the 'lock-step'). Talking was not allowed. When the inamtes were at work, the quard would stand upon a raised platform holding a heavy three foot club; and when he should notice inmates communicating with their nonverbal forms of communication, he would bang his club on the fl oor to indicate he wanted the men to stop talking! A typical conversation might go like this:

"left eye winks two times" In mate #003 "moves his jaw from left to right once"
The guard bangs the club, wham wham!

Inmates both look down, and up with fear in their eyes.

During the Thirties and the Fo nties there was a gradual less ening of the regulations surrounding communicating between inmates. While they were on their exercise period they could speak to the men directly in front or behind him. (They m ust walk in single file). It"s suring this era that the Hellywood type of convict emerges. Humphrey Bogart talks out of the side of his mouth, and say to Louie, "Yeeeh, the dirty rotten fuzz blasted my pard be fore we could grab the loot an be off". Louie the Lip, played by Jimmy Caoney, would answer, (the corners of his mouth turn ed) "Stinking rotten coppers never give va a break." (Meanwhile in the wardens office):"If ya keep your lip buttoned you" 11 be O.K., otherwise they'll probably bury you in the yard" Richard Widmark says, "C'mon get me copper, you'll never take me alive!"

In the late Forties and early Fifties, newspapers, and censored books, and periodicals. were allowed into the prisons. Visiting was given more emphasis. Educational programs began to take importance, and discussion groups in the chapel formed. Inmates could earn their elementary grade ĉertificate. Some could even study high school topics through correspondence. One or two in course(s). None in any subject that would be controversial. such as psychology, as it was felt that the inmates

might use their new found information to manipulate the guards. Although there was still a silent system used in the cellblocks at night, conversations were still held us ing various forms of made up languages, such as "pig" Latin," or Australian "Bop" talk. A typical message between convicts might sound like this;

- "The bottle and stopper is in the order-kay, so be ool-kay!"
- " oo-scray the oper-kay!"
- " Six! The rusty can is at the ex-nay el-cay."

and so on.

During this era the qualifications for prison staff were raised. Guards needed more education, and administration personnel were asked to have a degree. This was not always possible, so the most educated were hired though.

In the Sixties, and Seventies we began to see the emergence of middle class america into our prisons. The upper and middle classes were beginning to use drugs, and the lines separating the criminal and deviant were becoming shaded. The drug culture brought with it such sayings as; "outa sight", "out front"; "right on!" and "get down morma". The ed-

ucation of the new inmate was raised. Programs for upgrading were introduced. Inmates arriving in the prisons had a good education compared to his counterpart of a few year ago. His social, and verbal skills were of a higher standard. The quality of conversations between inmates were seen to change from brief scirmishes with survival conversation to ones with philosophical and social significance. The quality of prison staff, educationally also improved. There were B.A.'s M.A.'s and even Ph.D's entering the field of correction.

Censoring was reduced on reading material. A swing from isolation from the public to opening the prison to certain sectors of the public(usually middle or upper class). Inmates could write more letters and communicate with persons; once formerly forbidden. The staff were expected to employ their educational skil and begin to communicate wit du con wit du perpuss of gedd in to no him. Dir r tikulat perzun, formery a ignorant fuul had now becum a purzun to be rekund wit. Al zat remains now is a littl bit uf comon sense to be uuze wen edukaznal progrims r to b started. Yes-siree, i rekon we r reely duing a swell job, just as long as we dont get tuu komplikated for du gards.

PUTMANS LAW: This particular heading is taken from the book; The Peter Principle. This term refers to, " anything that begins well always ends bad".

ACTIVE WAITING: THE ART OF DOING TIME

by Patricia Gale

We are in our fourth year. In a few months, we will have done more time to-gether, than he has done alone. I am with him, because I choose to be. I am his lady, and I am waiting.

We have learned, he and I, that there is an art to waiting. The special nature of our situation has demanded that we learn this. Previously, "waiting "involved feelings of anticipation, expectancy, and excitement. It was bear albe, because it was short term. Waiting might have absorbed some energy for a while; but it never had the potential to control my life.

Now, of course, it is the state of being on which my life is based. To wait passively; to simply "put in time" until he is released. would be to actively assist the breakdown of our relationship. To maintain a sense of dignity, man must be in control of his own life. There is so much in our life to-gether that we have no control over. Electronic doors open when it is time for visits to start. A voice informs us when visits are over". There are machines to record our conversations; eyes to read our letters; and faces to watch our angers, joys, tears and tender moments. This lack of autonomy isidiously chips away at dignity, and in so doing, wears down committment. We cannot control the tangible re alities of our life to-gether; but we do have our will. Through the strength of our will, waiting can

become creative; it can become active. And active waiting is the key to the art of doing time.

Active waiting demands, first of all, a clarification of purposes. What are we waiting for, and why? We are waiting for him to come home. We are not waiting, to be happy. Happiness must be found in the now, in the present. The challenge, is ours. We can moan about about not being able to do things together - about not taking walks, listening to music, going to movies. Or we can rejoice in the special opportunity of a courtship in a visiting room: hours and hours to learn how to talk, and to listen to each other. Our environment never changes, therefore we must. It is he and I who must be constantly growing, and changing and challenging each other. Because we can do this, and find fulfillment in it, we are waiting.

Secondly, active waiting means ver balizing to each other the anxieties, frustrations, and loneliness that are a part of this life we have chosen. They must be verbalized, if they are to become vehicles for creative growth. It would be very easy, for example, for the agony of separation to become the seeds from which recrimination and reprisal grow. "I am in pain because I am not with you" can so easily twist into "You are the cause of my pain, unless we help each other to identify and express such feelings. By so doing, all experiences can become learning ex periences; and all suffering, en-

# durable, because it is shared.

Thirdly, active waiting means being able to laugh. A sense of humour will buffer any pain, and we have found that often the only way through a crisis is to laugh; at ourselves, and at the situation. The sting of recorded conversation can be eased somewhat by periodic, off-key singing into the unseen microphone. To reduce the culture shock when he is first released, we have developed a series of "when you come home" ideas. We've decided, for instance, to tape the voice that says "visits are over"

and play it very two and a half howrs during the first month he is home. We also feel that it would be wise to keep a group of friends at close hand. That way. if there is ever a problem communicating, they can come and sit in the room and watch us talk. We should be immediately at our ease! Laughter; creative growth; clarification of purpose; we have struggled to bend these three areas to our will, to master them in our quest to learn the art of waiting. It is not easy. But then nothing that is worthwhile in life. ever is

### ON YOUNG GIRLS AND PRISONS

I'll help! I'll help! Said the eager young thing. by Just think--yes, just think Of the wonders I'll bring To this poor lonely man In his poor lonely cell-How much better he'll be From knowing me well.

III

And that sweet little chickie B All trust and all eyes R Encouraged the halo Encouraged the lies, A Till one day she found K It had all gone awray When the poor lonely man E Said please stay with me, stay.

T

H

I need you to bring back The sun to my life I need you to need me. To live as my wife.

 $II^{-1}$ So she huffed and she puffed And she blew the walls down And the man through her presence Dropped the mask of the clown And he started to hope And he started to love And he started to feel She was sent from above

And the sweet little chickie Unable to cope Unable to meet him Except with her rope Of false hopes and false dawns and new dreams undone.

IV

Just picked up and left him To rot in her sun.



### WHERE DO I START

I gave my life at the age twelve To a world I could never know Would hurt me in such a way As to make every man my foe.

Fight, steal, and cheat a little and push a little dope
This was all they left to me
Don't get caught my only hope.

But here I sit writing poems
To pass away the time
I didn't have to come to jail
To write my verse and rhyme.

At twenty-five I've had my fill of the system and the games
Its time to pack-a-lunch and try to start again

Where do 1 start.

JUST TRAVELING

Traveling across this country Hiking all the way I've met so many people with so many things to say.

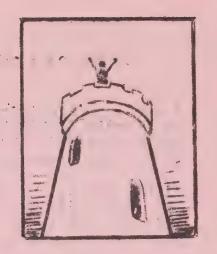
The population has exploded Inflations at its top
The dollar isn't a dollar
It still continues to drop.

Care is sending a package to a town in Pakistan There's a crisis in Cuba A war rages in Iran.

But I've yet to hear some mention Of the biggest farce in Canadian history Rehabilitation

From a Canadian Penitentiary!

Billy Shannon Millhaven Pen



### NO AMOUNT

There is no amount of laughing Can make you smile inside Because when the laughter is over The tears are hard to hide.

And no amount of drinking will ever ease the pain For after each is finished The hurt will still remain

And no amount of cursing
Will turn my life from hate
Cause when I'm finished swearing
I'm in an awful state

We must strive for a future And make it on our own For with the help of the "administration" We'll always be on our own.

Dedicated to Wally Sawchuck, Davey Campbell, and George " Midge " Pallister.

by

Billy Shannon Millhaven Pen

# ITS JUST A COMMON STREET SONG ...

A cloud covered day marks the death of an unknown widow, as daylight

streaks through the filth smeared window.

Buzzing flies gather for a feast on an open butter dish,

While a lone child cries

as the infection cozes from her eye.

Its already noon

Same A

and the children haven't been fed.

The little boy smiles with glee as he stoops to pet the

aged yellow-toothed

It snaps, he fle so In the darkened doorway

of the abandoned Blue Heaven Sits a frazzled reeking old man

with his bottle of St. Georges '67.

Its already noon

and the landlord came too soon.

Grease covered motorcyclists

roar up the trash covered street

As the cheap scented girl smiles as she speaks " tricks for twenty ".

Day after day she keeps her lone vigil with her professional uniform

she s often mistaken for a slum sentry.

A siren screams as four youths come running For the man, it seems

its their wit against ghetto fear and cunning

Its already noon

and momma's lying on the dish strewn table I call to her and she lifts her head up over the bottle,

long enough to mutter something about

lunch in a box.

Her image fades slowly out of my mind

· Headlines read something like; " Child gunned down to protect

wage restrictions ".

Its gonna be another hungry night.

And in the wake of all this confusion lies Paranoia my patterened companion.

Laughing, saying; "Social insanity is merely a form of Political propaganda ".

But everyone escapes into their own little world all but two dogs who roam the streets.

And I'm talking with reality once more but fantasy is tapping, tapping, softly at my door.

### I HEREBY SENTENCÉ YOU TO ...

by Edward "Sam" Haley

This is strictly a fictional courtroom drama. Any resemblence to incidents, places or persons is strictly coincidental. Such things just don't happen in Canada.

The Place: an average Canadian courthall in an average town

The Time: there's no time like the present

The Thing: a trial

The People: average Canadians and an ex-con The Crime: nothing short of murder will do

Baliff: The Court of Righteousvile will now come to order. The presideing Judge is the Monourable William "It's-Mo-Use-We'll-Use-The-Noose" Dogooder. Anyone having business in this courtroom is purely coincedental. All be seated except the accused: Mr. Ronald "Ex-Con" Jones.

Judge Dogooder: Mr. Jones; you stand before me convicted; ahem, I mean charged with capital murder. I have to ask you anyway so, how do you plea; guilty or innocent?

Jones: Not guilty, Your Honour. I...

Judge: Hold your tongue or I shall find you in contempt of Court!

Jones: (silently to himself) I can tell it's gonna be one of those days.

Judge: Is the presecution ready?

D.A.: Yes, Bill, ah I mean, Your Honour.

Judge: Okay, will the prosecution call its first witness.

Legal Aid Lawyer for the Defense: Excuse me Your Honour, but you've forgotten to ask if the defense was ready yet.

Judge: Actually who gives a damn but, if I must; I must. Is the defence ready?

Defense: No, your Honour, we would like to have a two week remand as I have only been assigned to this case this morning and have not had a chance to talk with my client let alone prepare his case.

Judge: Denied! I have a heavy vacation coming up and I wish to have this all finished by three this afternoon.

Defense: But Your Honour...

Judge: Do be quiet! I will not tolerate outbursts in my courtroom!
Now do sit down and do as you're told!

Defense: Yes, Your Honour.

Remember, this is purely fictional and could never really happen.

Two hours later.

Judge: ...yawn..is there any more evidence related to this trial before I pass sentence?

Defense: Excuse me your Honour?

Judge: Oh it's you. What do you want now? Defense: I haven't called my witnesses yet.

Judge: So? What am I supposed to do...cry? Are they really important

or just character witnesses?

Defense: Your Honour, I have three witnesses that will swear that the accused was with them at the time of the crime and that they were, in fact, over two hundred miles away from the scene at the exact time my client was supposed to have committed the crime. Judge: So what? I have two cats and a dog that will do as I say also.

Oh well, go ahead but do make it brief.

A short time later...

in fact, not even within two hundred miles of the scene at the time it was to have taken place. The Judge interrupted both witnesses to ask them one question: Have you ever been arrested and/or convicted of a crime? One answered that he had been arrested when he was 15 for stealing a car and had received a suspended sentence. That was over ten years ago. The other replied he had done three years for a drug related crime. The third witness is still on the stand.

Judge: Excuse me, Have you ever been arrested or convicted of any crimes son? Witness: No your Honour.

Judge: Do you know the penalty for purjury in this type of trial?

Witness: No...but I'm sure you're going to tell me sir.

Judge: Contempt of Court! You sassy young whippersnapper. That'll be two

years in a penitentiary! Now get out of my courtroom!

Defense: Your Honour?!

Judge: Oh shut up. It's my court...my court, my trial, my town! I'LL do as I see fit...after all, am I not the Judge?!

Defense: Yes, you are...

Judge: Good, now can we continue?! Defense: That's all my witnesses but...

Judge: Let's proceed with the fin-1 summations shall we?

The District Attorney presented his feeble case which consisted of no witnesses, no fingerprints, no facts and nothing to link the accused with the crime. All he had was three officers of the law and their assumptions.

Judge: Is the defense ready? Defense: Ready for what?

Judge: Why, sentencing of course. What do you think you're here for? Defense: Your Honour: The D.A. has not produced a single linking clue to warrant even the arresting of my client. Why, even the evidence of the officers was inconsistent, incoherent and too far out to be real. I wish to request that this case, against my client, be dismissed due to lack of evidence and that my client be freed at once.

Judge: Hey, my eyes are blue not green! This is the biggest case to ever happen here short of Sally's cat having kittens. There's no way I'm gonna let this man go free and blow my only chance to be elected Mayor next month, I find the accused guilty as charged and sentence him to life behind bars. May God have mercy on this scum! This court is adjourned.

Defense: (aside to his client) Don't werry Ron, we'll appeal this case and you'll walk away a free man. There's no way you should have been convicted.

Jones: Yeah...sure.

Four years later, the case went to the Supreme Court of Canada, Appeal Section, but was denied due to lack of sufficient funds. He had lost!

But, every story must have a happy ending so, to keep the customers satisfied and to make this story complete: the Judge did, in fact, become Mayor.

And mark him as that They say !-Judges with minds like pot bottoms Calling the kettle names -A Look A quick reflection of their justice And they wince. At the touch of coldness Sleeplessness for eternity it seems Will be their reward Or maybe not -- I think that That Takes a conscience To achieve Oh how the intellectual knowledge Blinds the man Who contemplates anothers fate \* Decisions ruled by detailed facts Of what must be done---Remembered from a book of yesteryear The true and lasting wisdom of The written word Lost momentarily

By the well versed mind of the wigged one

Who must balance the quota

And sidestep the rights
This circle will eat itself
And then the pot and kettle will

Be truly black and white.

Gerald Diver

# the sp. it's neck

# FLOOR HOCKEY

There is a high quality of floor hockey payed in Collins Bay. The men take the sport very serious, and they are excellent players. There is a brand of hard hitting and cri sp passing Some of the defensive stars are; Wayne Chase, Gary Barnes, Dave Humphreys, Brian Paley, "Moose", Don Par liament, and "Moon".

Offensively, the main star is Bobby Young, but there are several guys who are excellent offensive players; Scrappy Scott, . Norm Mallette, Rabbit Burns, and many others who are seen hustling and passing the puck are; Johnny Atkinson, Robin, Stan Massie, Larry (Tramo) Pentiluck, Wayne Marki Al Guay, Tommy Burns.

Behind the forwards, and the defense are the guys who must keep the puck out of the net, and these four guys do a fine job; Gord Putman, Wayne Hurlbert, Dick Thibideau, and Bobby Lamoureaux.

As reported above, these game are extremently entertaining and the fars fill the stands every night the teams play. There are vile ups in the net and guys shoved into the stands, helments flying through the air, solid body checks by men who are well put together and the sound can be heard in the whole gym Wham: , goalies kicking the puck straight out

and loud cheers for great plays. This sport is the one which keeps the men active during the winter months. It helps to work off steam, and frustration.

This sports reporter wishes he could play like these guys!

# FLOOR HOCKEY STATISTICS:

Teams	G.P.	W.	L,	T.	Points
Sabres	16	10	5	ı	21
Flyers	15	9	.5	1	19
Red Machine	15	3	12	0	6

### TOP TEN PLAYERS:

Names	Goals	Assists	Points
Young Mallette Scrappy Bonnevil Grant R. Burns G. Barne Pentilue Rogers Lancaste Marki	31 Lle 41 27 5 26 es 24 ck 19 25	39 20 39 15 17 18 20 18 10 9	122 74 70 56 44 44 37 32 32
			_

# GOAL-TENDERS AVERAGES:

Janns (G. K.	G A .	Avgs Teams
Putman 7 Hurlburt 14 Thibideau 9	84 180 120	12.8 Sabres 12.8 Flyers 13.3 Sabres
Lamoureaux 1	3 189	14.5 Reds

The referees John Dodge and the Big Man, Eddie Tolan do a good job. Hats Off!

### BASKTTBALL:

There have been three games played since the Christmas Holidays have ended, and it is quite easy to see that the players have lost some of the ability they had, or should I say they are "out of shape". The scores are not very high which also points out that the shooters are not hitting the net. The averages from the floor by most shooters must be around 30%, and from the freethrow line a 58% average. Boy, we need some practice %.

The teams are fairly well balanced now, and each team has a nucleus of players who give their team some scoring punch. They are Ron Mundy, Donny Geavereaux, Norm Mallette, Davey Gillen, for the Green Team.Sam Johnson, John Prince, and Chicago Edwards for the Blue team The White team has Ron Lancaster, Pate Solomon, Wayne Boullien, and T, Lane. Don Neilsen transfered to Joyceville.

The games get a little rough at times, but fortunately the referees; Beep and Babe, along with George, keep the fellows from getting too rough. There are times when we have to be warned to ease off.

# LEAGUE STANDINGS:

Teams	G.P.	W.	L,	Points
Blue	13	8	5	.16
White	14	6	8	12
Green	14	6	7	12

The make up games will even the standings.

# TOP SCORERS IN THE LEAGUE:

Names:	Average	per	game
John D. Prince		16	
Ron Mundy Ron Lancaster		16	
Sammy Johnson		. 12	
Don Parliament		10	
Peter Solomon		10	)

### VOLLYBALL:

Wayne Barker, the Commissioner is just getting into the role of Commissioner, but he assure me he will keep us better info remed now.

### TEAM STANDINGS:

Teams	Points
Vulcans	26
Falcons	23
Thunderbirds	24
Spinners	11

### WANTED

The AVATAR STILL REQUIRES A SPORTS WRITER. We need writers all the time, but the sports area is one we feel should be of top quality. Please submit your name for this position.

You will be required to write on the sporting events taking place in the gymnasium, and in the yard when the weather permits outside activity.

The sports fans need you, and so do we. Help us.



# A MATTER OF " BONDING ":

Last summer [1976] some concerned people at Joyceville loaned their names and their efforts to a proposed Canada Council Project for the benefit of the country's social offenders.

Steve Carr Harris, Wes Demarco, Joey Vetere, Danny O'Donoghue, Bruce Baily, were a few of those who applied a lot of effort,[and obviously upset a few die-hard bureaucrats in the process.]
Although the idea of a blanket

bonding system was put forward by Steve in 1967-68 while in Burwash The idea was accepted in 'principle - the Solicitor General's Dept. let it die; from lack of in terest by authorities and lack of knowledge by offenders. What the "Joyceville Five" were trying to do, was to make available a systematic 'pre-release' bonding application process, voluntarily, so that insurance underwriters could set a premium-risk value on each individual applicant. The part of this protection [against harrassment in some cases] would be paid either by the potential employer or the applicant. In either case it would help eliminate employment discrimination.

Thr response from the project has been very good. The Commissioners Office shortly will be issuing di rectives to all institutions and has already advised classification divisions to get on the ball. So, if you're interested in getting out, interested in staying out and not being subjected to power trips by over zealous authoroties, see your classifications and ask about getting your application. If you have any problems let Steve know, and he will be pl eased to help in any way. He can pass your name to the Bureau office of Insurance (Canada). Remember you are bondable.

# A PARTY TO REMEMBER:

Inmates spent an enjoyable afternoon hosting the mentally retarded adults from the Penrose Center of Kingston. The occassion: their Annual Christmas Party for the patients of the Penrose Center. Everyone really benefits from this sort of thing states George Marcotte, the Chairperson of the Groupe Social Français. George claims that the patients from the Center are not the only ones who get excited about the party. "The inmates are looking forward to this day". Some inmates have been to the Party for the last four yr whenever they have been able to. They know several patients and are anxious to see them again. George Marcotte, a very sensitive and articulate man, explained the men began collecting funds for the party several months before the actual day. There are money raising projects, and George has been a dreat driving force behind these projects. He wishes that it could be possible to have these parties for the patients and the inmates several times a year. "It allows the men to share emotions with one another that they might not feel comfortable doing every day while imprisoned". Several members of the French Group expressed themselves. For example Bobby Renaud made it quite clear, "The day belongs to the patients and even if your not sure what to do, or say, just be kind and gentle to these people". During the afternoon there is dancing, light buffet lunch, and the finale, the arrival of Santa Claus to give each person from the Center a present, which they had asked about earlier in the year. George Marcotte and his French Group deserve praise for their work.

21.

Another year and another Christmas Variety Concert. Considering all the hassles everyone went thr ough, including those on Saturday nite, I feel that that is all that should be said about the Con cert itself, and that I should de vote the remaining words of this article towards a put down of the administration - at least to those areas of the administration concerned with the production of the concert. However, the feedback up to this point, indicates that this should be a tame arti cle.

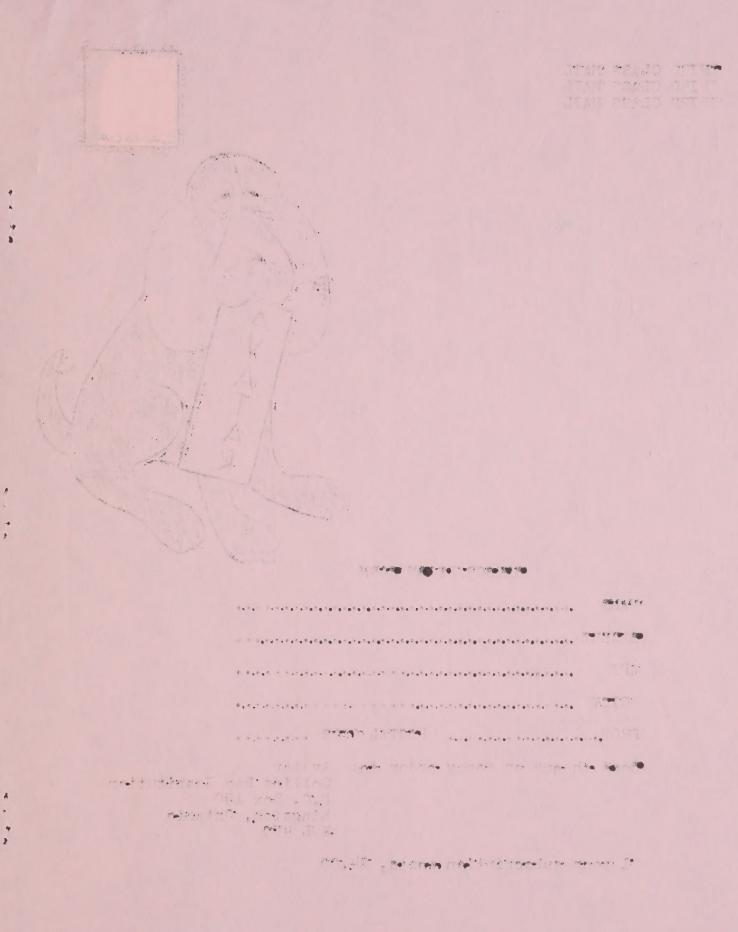
So.....we began by attempting to get at least a month and a half to work with (true toform we ended up with about three days) as it was our hope to put it all together in a very 'laid-back' manner. After looking around for the acts we finally came up with what you say - Not an Average White Band, Doktor Doktor, Stan Sedan and the Heavy Chevy's, THE NEWS (hum hum), the Varsol Caper, Warden's Court STOP LAUGHING, Collin Beach, Dinner at the Bay (which we still haven't seen), Teddy and Friends, Hit the nickel, hit the dime - it's too bad this paper doesn't publish pictures as these acts were so good I'd like to put some in to share them with you, and to provide you with a better idea of what went down.

For those of you that couldn't make it, for one reason or another; in other words, weren't there; the Concerts are three hour variety shous put on by the prisoners for the prisoners as well as for the staff (although not many of

"them" came), citizen participants from the various social groups, and for us and our people. The shows are put on about a week or ten days before Christmas - the first one is for the population, the second for the street people, the last for our visitors (no. I'm not saying that we are always get ting the shitty end of the stick). It's the musical groups and the skits or fashion shows or news presentations, recitals, etc. (providing we get all the props and necessary equipment i.e. sound, lights, guitar strings, on time) and it's put into a three hour package - you'd think that we'd have more than just three hours. They are an annual event (from all the hassles we had this year. Barry and I began to suspect that this was our last concert) and depending on the talent here at the time, are better (or worse) than the preceding year.

Despite all the shit, we ended up with a pretty good show. Very tight in terms of time on the first two nights, right on for the last I think.

After three weeks I'm still flashing back to the various happenings and although I swore I'd never do it again, I'd like to put the one for this year together — if, I'm still here and, of course, providing I can start on the program in May. I'd like to see us with a six hour show because I know with that time to work with we can put a professional-like thing across that will make everyone feel right there once they've gone through it.

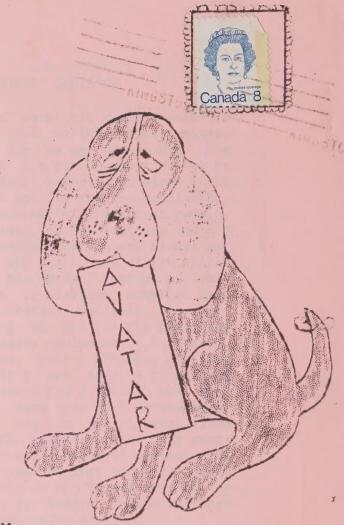


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